

Craft and Connect!

A welcoming, hands-on crafting group designed specifically for neurodiverse participants aged 8 to 14+. This inclusive space fosters creativity, self-expression, and social connection through engaging, sensory-friendly art and craft activities. Each session is guided by an OTA and a CDA who understand and support diverse learning styles and sensory needs. Participants are encouraged to explore their unique talents in a calm, structured, and empowering environment.

Program Details

- **Length:** 6 weeks
- **Session Length:** 90 minutes per session
- **Group Size:** Small group of 4–5 participants
- **Ages:** Three cohorts:
 - Ages 8-11
 - 12-13
 - Ages 14+
- **Funding:** Eligible for OAP (Ontario Autism Program) funding

Each session will follow a structured routine that promotes communication, collaboration, creativity, and social interaction. Each small-group session features a fun hands-on craft, including a selection of the following:

- Pinata
- Marble Painting
- Collage
- Mosaic
- Tye Dye
- Clay
- Soap Making
- Beading

Therapeutic Goals

This group is co-led by an Occupational Therapy Assistant (OTA) and a Communication Disorders Assistant (CDA).

- Fine motor skills (cutting, glueing).
- Self-regulation and following routines.
- Executive function (planning, sequencing, time management, initiation).
- Turn-taking, sharing, requesting, following and giving directions.
- Using descriptive and functional language (ex. Giving compliments, commenting, describing).
- Teamwork and social interaction during functional tasks.
- Perspective taking and collaboration.
- Flexible thinking and problem solving.

Screening and Eligibility

- This group is best suited for neurodivergent youth with minimal/low support needs



To ensure our group therapy sessions are a good fit, each participant must complete a pre-registration screening. This process includes:

- A review of a completed intake questionnaire
- A review of the participant's current IEP and any relevant reports
- A 15-minute virtual meet-and-greet with one of our group facilitators (attendance by both the parent/guardian and the participant is required)

Want to Learn More or Register?

Contact us at:

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