

JOIN US FOR OUR INCLUSIVE DANCE PROGRAM FOR YOUTH OF ALL ABILITIES

Our *Dance Connections* program blends therapy, movement, creativity, confidence, and connection in a supportive space

Dance Connections is an OT-led, neurodiversity-affirming program for youth with autism, Down syndrome, and other developmental differences. Participants gain skills in movement and self-expression, build confidence, and connect with peers through the joy of dance.

- Qualifies for OAP Core Clinical Services or insurance reimbursement under Occupational Therapy
- Session Dates: September 17/18 – December 17/18, 2025
- Moderate support needs (duo with 1:1 support):
 - Wednesdays 3:15 PM → Ages 7 & under
 - Wednesdays 5:15 PM → Ages 10+
- Moderate to low support needs (trio with 3:2 support):
 - Thursdays 6:30 PM → Ages 8–10
 - Thursdays 7:30 PM → Ages 10+
- Intake and meet & greet provided to ensure the best group match



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More information:
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