

Craft and Connect!

A welcoming, hands-on crafting group designed specifically for neurodiverse participants aged 8 to 14+. This inclusive space fosters creativity, self-expression, and social connection through engaging, sensory-friendly art and craft activities. Each session is guided by an OTA and a CDA who understand and support diverse learning styles and sensory needs. Participants are encouraged to explore their unique talents in a calm, structured, and empowering environment.

| <u>Program Details</u> | <u>Therapeutic Goals</u> |
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| <ul style="list-style-type: none"> • Length: 6 weeks • Session Length: 90 minutes per session • Group Size: Small group of 4–5 participants • Ages: Two cohorts: <ul style="list-style-type: none"> ◦ Ages 8-12 ◦ Ages 13+ • Funding: Eligible for OAP (Ontario Autism Program) funding <p>Each session will follow a structured routine that promotes communication, collaboration, creativity, and social interaction. Each small-group session features a fun hands-on craft, including a selection of the following:</p> <ul style="list-style-type: none"> • Pinata • Marble Painting • Collage • Mosaics • Shrinky-Dinks • Clay • Soap Making • Beading • Pot Painting | <p>This group is co-led by an Occupational Therapy Assistant (OTA) and a Communication Disorders Assistant (CDA).</p> <ul style="list-style-type: none"> • Fine motor skills (cutting, glueing). • Self-regulation and following routines. • Executive function (planning, sequencing, time management, initiation). • Turn-taking, sharing, requesting, following and giving directions. • Using descriptive and functional language (ex. Giving compliments, commenting, describing). • Teamwork and social interaction during functional tasks. • Perspective taking and collaboration. • Flexible thinking and problem solving. |

Screening and Eligibility

- This group is best suited for neurodivergent youth with minimal/low support needs



To ensure our group therapy sessions are a good fit, each participant must complete a pre-registration screening. This process includes:

- A review of a completed intake questionnaire
- A review of the participant's current IEP and any relevant reports
- A 15-minute virtual meet-and-greet with one of our group facilitators (attendance by both the parent/guardian and the participant is required)

Want to Learn More or Register?

Contact us at:

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