

GAME EXPLORERS

About the Group

Game Explorers is a 10-week program designed for neurodivergent children and teens. This group offers a safe, fun, and structured environment to build social confidence and problem-solving skills through respectful, inclusive, and developmentally appropriate interactive games. Participants will have the opportunity to explore a variety of games while also having loads of fun.

Led by Skilled and Supportive Clinicians

This group is co-led by:

- An Occupational Therapist (OT) – helping support sensory needs, routines, and problem solving.
- A Speech-Language Pathologist – supporting social communication, social interaction, expressive and receptive language skills.

to ensure high-quality, evidence-informed programming.

Group Goals

- Foster positive peer relationships
- Develop communication, cooperation, and turn-taking skills
- Encourage flexibility, joint attention and shared problem solving
- Build confidence in a neuro-affirming environment

Activities will include:

- Cooperative games
- Social communication and story telling games
- Problem solving and group decision making games
- Strategy based games
- Winning and losing games

Screening and Eligibility

- Group Ages: 8-12 or 13+
- This group is best suited for neurodivergent youth with minimal/low support needs
- Neurodivergent youth looking for social experiences and connection
- No prior experience with social or turn taking games necessary— just an open mind and willingness to participate!

To ensure our group therapy sessions are a good fit, each participant must complete a pre-registration screening. This process includes:

- A review of a completed intake questionnaire
- A review of the participant's current IEP and any relevant reports
- A 15-minute virtual meet-and-greet with one of our group facilitators (attendance by both the parent/guardian and the participant is required)

Want to Learn More or Register?

Contact us at:

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